

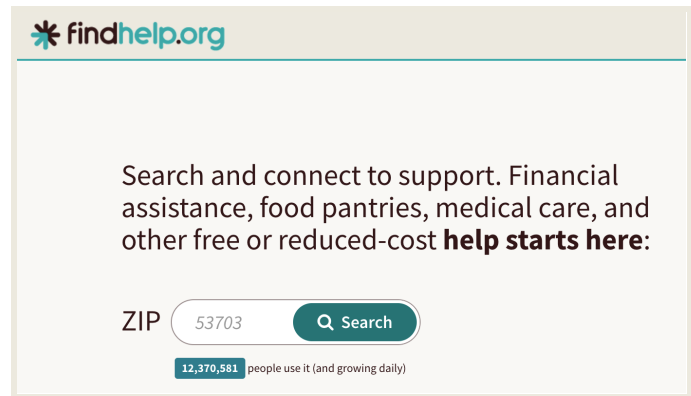


## Find Help in Your Community

For most people, navigating the system to get help is often difficult, time-consuming, and frustrating. At findhelp, we created a social care network that connects people and programs — making it easy for you to find services in your community. Below you'll find tips on how you can use our platform to find help for yourself or others.

### Search for Programs

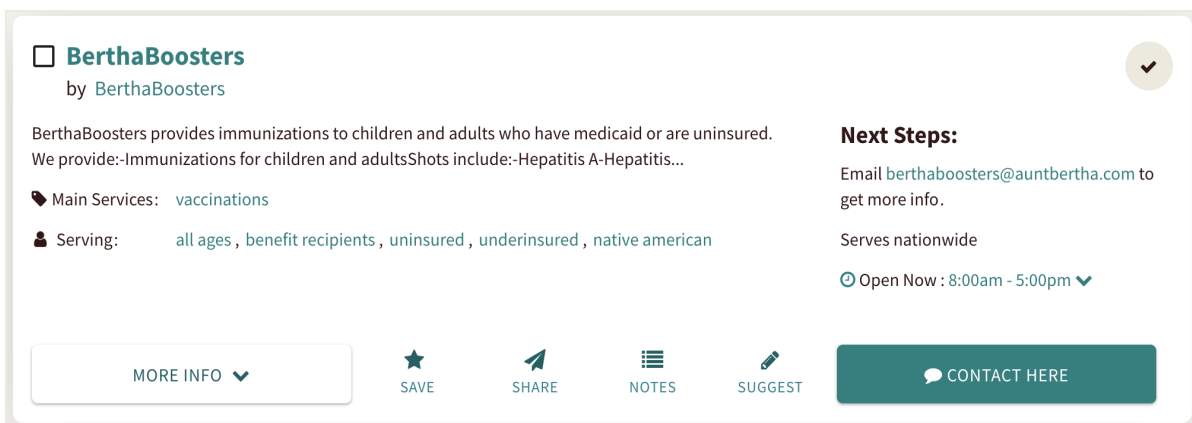
- Go to [findhelp.org](https://findhelp.org) and enter your ZIP Code.
- Translate the entire website into one of 100+ languages, if helpful.
- Search for programs by name or browse categories, subcategories, and filters.



### Connect with Programs

Each program has a card that shows all relevant information (services provided, address, eligibility, etc.). **You can reach out to a program directly by calling them, emailing them, or going to visit them, or you can send them a referral.**

- Click the teal “Contact Here” button on the program card to make a referral.
- Select “I’m interested for myself or my family” or “I’m referring someone else”, and enter either your contact information or that of the person you’re referring.
- Verify that you give your consent (or have received consent) to share this information, then click “Send”.
  - Additional questions may appear; answer them and click “Submit”.





## Share Programs

Share programs with your community through email, text message, or Facebook!

## Create a Free Account

When you sign up for a free account, you can create a personal resource guide; save programs with notes, share your favorite programs, track referrals you make, and more.

- Click the “Sign Up” button at the top right-hand corner
- Enter your email address
- Create a password
- Indicate whether you are looking for services for yourself or helping others

## Suggest New Programs

Not seeing the program you’re looking for? Tell us about it!

1. Go to [findhelp.com/find\\_a\\_program](https://findhelp.com/find_a_program).
2. Search for the program you’re looking for and confirm that it isn’t listed.
3. Fill out the section titled “Review the program you searched for.”
4. Click the “Suggest a Program” button at the bottom of your screen. You should hear back from us within two business days!

### Tell someone about this program!

[SEND AN EMAIL](#) [SEND A TEXT](#) [SHARE ON FACEBOOK](#)

**Your Name \***  
  
Your name (so they'll actually open it).

**Your Email \***  
  
Don't worry, we won't share your email when you send this.

**To \***  
  
Email of the person you're sending this to.

**Message**  
  
Let them know your thoughts on this program.

**Email Language**

[SEND](#) We'll email them your message with a link to this program listing.